



March 2015 Lunch Menu

BREAKFAST IS AVAILABLE AT ALL SCHOOLS. COME JOIN US FOR THE MOST IMPORTANT MEAL OF THE DAY AND PARTICIPATE IN THE NATIONAL SCHOOL BREAKFAST WEEK FROM MARCH 2 THROUGH MARCH 6

Monday	Tuesday	Wednesday	Thursday	Friday
3/2 <u>Dr. Seuss' Birthday</u> Cindy Lou Hou's Stuffed Crust Pizza Knox Tossed Salad w/ Croutons Cat in the Hat Vanilla Cake Diffendoofer Fresh Fruit Cup	3/3 Ham Grinder or Cheese Grinder Baked Chips Veggie Sticks w/dip Chilled Fruit Cup	3/4 Pasta Bar Tomato, Meat or Alfredo Sauce Warm Garlic Bread Garden Salad Chilled Fruit Cup	3/5 Hamburger or Cheeseburger Lettuce & Tomato Oven fried Potatoes Fresh Green Beans Chilled Fruit Cup	3/6 Homemade Chicken Noodle Soup with Fresh Vegetables Warm Roll Chilled Fresh Fruit
3/9 Personal Pizza Or Personal Pepperoni Pizza Tossed Salad w/ Croutons Whole Fruit Sherbet Cup Chilled Fresh Fruit Cup	3/10 Chicken Ranch Wrap Pretzels Veggie Sticks w/dip Fruit Cup	3/11 Pasta Bar Tomato, Meat or Alfredo Sauce Warm Garlic Bread Garden Salad Chilled Fruit Cup	3/12 All Beef Hot Dog on a bun Baked Beans Veggie Sticks w/ dip Fresh Watermelon Slices	3/13 Fluffy Pancakes Strawberry Topping Baked Butternut Squash Sausage Links Fresh Fruit Cup
3/16 Stuffed Crust Pizza Tossed Salad w/ Croutons Juice Bar Fresh Fruit	3/17 Chicken Fajitas Salsa & Sour Cream Homemade Beans & Rice Fresh Broccoli Chilled Fruit Cup	3/18 Homemade Baked Ziti w/ Tomato or Meat Sauce Warm Garlic Bread Garden Salad Chilled Fruit Cup	3/19 early dismissal elementary Turkey Grinder Or Cheese Grinder Baked Chips Veggie Sticks w/dip Chilled Fresh Fruit Cup	3/20 early dismissal elementary Barilla Plus Mac & Cheese Fresh Broccoli Crowns Warm Dinner Roll Chilled Fruit Cup
3/23 Personal Pizza Or Personal Pepperoni Pizza Tossed Salad w/ Croutons Whole Fruit Sherbet Cup Chilled Fresh Fruit cup	3/24 Beef & Bean Nachos Cheese Sauce Salsa & Sour Cream Roasted Zucchini Chilled Fruit Cup	3/25 Pasta Bar Tomato, Meat or Alfredo Sauce Warm Garlic Bread Garden Salad Chilled Fruit Cup	3/26 Crispy Chicken Pattie Sandwich Lettuce & Tomato Baked Sweet Potatoes Wedges Chilled Fruit Cup	3/27 Toasted Cheese Sandwich or Toasted Ham & Cheese Sandwich Tomato Soup Baby Carrots Chilled Fruit Cup
3/30 Stuffed Crust Pizza Tossed Salad w/ Croutons Juice Bar Fresh Fruit	3/31 Sausage, Egg & Cheese Sandwich Hashbrown Potatoes Vegetable Sticks Fresh Fruit Cup			

Meal Price \$ 2.75

Milk \$0.50 each

Adult Meal Price \$ 3.75

Our menus follow dietary guidelines for reduced fat, salt and sugar while increasing whole grains, fruits and vegetables.

Meals include a source of protein, grains, vegetables, a milk & fruit or juice. We proudly offer locally grown, seasonal fresh fruits & vegetables. All Bread & Pasta items are Whole Wheat.

Menu Subject to change without advance notice. Sandwich and or Salad choice available.

For suggestions and questions about School Lunch Program please call 860-526-9546 ext. 1420